

Lebanon High School Softball Program
Weekly Practice Plan/Schedule

	Monday Defense	Tuesday Offense	Wednesday Game	Thursday Game	Friday Fundraiser
Date:	4/26	4/27	4/28	4/29	4/30
Topic:	Where does the throw go? Communication Infield to outfield.	Batting practice	Away Game Vs Newport Bus Departs: 2:00pm Game Time: 4pm	Home Game Vs Newport	Fundraiser
Drills Events Activity	Warm Up Throwing WarmUp Throwing relay Get it in Hit the cut	Warmup Batting stations Pitching machine	Please be ready at the bus for 1:50pm	Be at the field ready to warm up by 3pm.	
Focus:	Who is the cut off? Where is the ball going on outfield plays Communication				Please log into the google meeting I had sent out Starting at 3:30pm.